


# Connie's Cookies International, Inc. Premier Gourmet Cookies

Our Scrumptious  
Flavors certainly live up  
to their billing! With  
delicious flavors such  
as:

- Snickerdoodle
- Peanut Butter
- Oatmeal Raisin
- Chocolate Chip
- White Chocolate  
Macadamia Nut
- Chocolate Krinkle  
Chip
- Peanut Butter  
Chocolate Chip

These tried and true  
favorites are  
guaranteed to always  
please!



Case Wt.	21.60
Case Dim.	9x9x2.5
Master Case	20x20x12
Case Per Pallet	28

4 Cases Ti- 7 Cases Hi

Sales & Marketing  
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# Connie's Cookies International, Inc.

## Nutritional Information



Nutritional		Snickerdoodle	
Serving Size: 1 Cookie			
Amount Per Serving			
Calories: 251		Cal. From Fat: 92	
Total Fat:	10GM	16%	
Saturated Fat:	2GM	9%	
Cholesterol:	10MG	4%	
Sodium:	260MG	11%	
Potassium:	0MG	0%	
Total Carbohydrate:	37GM	12%	
Dietary Fiber:	0GM	2%	
Protein:	3GM		
Vitamin A: 10%	Vitamin C: 0%		
Calcium: 0%	Iron: 6%		
Ingredients: Flour All Purpose, Margarine, Granulated Sugar, Confectioner Sugar, Pasteurized Shell Egg, Vanilla Flavoring, Almond Flavoring, Baking Soda, Salt			

Nutritional		Peanut Butter	
Serving Size: 1 Cookie			
Amount Per Serving			
Calories: 209		Cal. From Fat: 77	
Total Fat:	9GM	13%	
Saturated Fat:	1.5GM	8%	
Cholesterol:	15MG	4%	
Sodium:	240MG	10%	
Potassium:	50MG	1%	
Total Carbohydrate:	30GM	10%	
Dietary Fiber:	1GM	2%	
Protein:	3GM		
Vitamin A: 6%	Vitamin C: 0%		
Calcium: 2%	Iron: 6%		
Ingredients: Flour All Purpose, Brown Sugar, Granulated Sugar, Margarine, Creamy Peanut Butter, Pasteurized Shell Egg, Baking Soda, Salt			

Nutritional		Oatmeal Raisin	
Serving Size: 1 Cookie			
Amount Per Serving			
Calories: 227		Cal. From Fat: 61	
Total Fat:	7GM	10%	
Saturated Fat:	1.5GM	6%	
Cholesterol:	15MG	5%	
Sodium:	230MG	10%	
Potassium:	65MG	2%	
Total Carbohydrate:	39GM	2%	
Dietary Fiber:	1GM	4%	
Protein:	3GM		
Vitamin A: 6%	Vitamin C: 0%		
Calcium: 2%	Iron: 6%		
Ingredients: Flour All Purpose, Granulated Sugar, Brown Sugar, Margarine, Oatmeal Cereal Dry, Pasteurized Shell Egg, Seedless Raisins, Vanilla Flavoring, Almond Flavoring, Baking Soda, Salt			

Nutritional		Choc. Chip	
Serving Size: 1 Cookie			
Amount Per Serving			
Calories: 270	Cal. From Fat: 103		
Total Fat:	11GM	18%	
Saturated Fat:	3.5GM	18%	
Cholesterol:	15MG	6%	
Sodium:	250MG	10%	
Potassium:	55MG	2%	
Total Carbohydrate:	40GM	14%	
Dietary Fiber:	1GM	4%	
Protein:	3GM		
Vitamin A: 8%	Vitamin C: 0%		
Calcium: 2%	Iron: 8%		
<b>Ingredients:</b> Flour All Purpose, Semisweet Chocolate Chips, Granulated Sugar, Margarine, Brown Sugar, Pasteurized Shell Egg, Vanilla Flavoring, Baking Soda, Salt			

Nutritional		Choc. Krinkle Chip	
Serving Size: 1 Cookie			
Amount Per Serving			
Calories: 214	Cal. From Fat: 76		
Total Fat:	8GM	13%	
Saturated Fat:	2.5GM	13%	
Cholesterol:	15MG	4%	
Sodium:	220MG	9%	
Potassium:	80MG	2%	
Total Carbohydrate:	34GM	11%	
Dietary Fiber:	1GM	6%	
Protein:	3GM		
Vitamin A: 6%	Vitamin C: 0%		
Calcium: 2%	Iron: 8%		
<b>Ingredients:</b> Flour All Purpose, Brown Sugar, Semisweet Chocolate Chips, Granulated Sugar, Margarine, Pasteurized Shell Egg, Cocoa Powder, Vanilla Flavoring, Almond Flavoring, Baking Soda, Salt			

Nutritional		Peanut Butter Choc. Chip	
Serving Size: 1 Cookie			
Amount Per Serving			
Calories: 271	Cal. From Fat: 106		
Total Fat:	12GM	18%	
Saturated Fat:	3GM	16%	
Cholesterol:	15MG	5%	
Sodium:	270MG	11%	
Potassium:	85MG	2%	
Total Carbohydrate:	39GM	13%	
Dietary Fiber:	1GM	4%	
Protein:	4GM		
Vitamin A: 6%	Vitamin C: 0%		
Calcium: 2%	Iron: 8%		
<b>Ingredients:</b> Flour All Purpose, Brown Sugar, Granulated Sugar, Margarine, Semisweet Choc. Chips, Creamy Peanut Butter, Pasteurized Shell Egg, Baking Soda, Salt			

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